Participation.lifelong.learning@hants.gov.uk

Dear Parent / Guardian,

Hampshire Outdoors would like to offer your child the opportunity to take part in Bikeability Balance training. This is mainly aimed at children in Year R. This cycle training programme is supported by the Department for Transport. Bikeability also has three other levels which your child will be able to access in KS2 and KS3 - Level 1 which is based on the playground and builds confidence in children who can already ride a bike, Level 2 which teaches children to cycle on local roads and Level 3 which uses more challenging roads.

Bikeability Balance is a series of school-based sessions that will provide your child with a positive early experience of being on two wheels. The programme involves fun games carried out on balance bikes (bikes without pedals) to develop handling and awareness.
They will learn how to: identify parts of a balance bike, get on and off a balance bike, push and glide, stop safely, control and steer a balance bike, be aware of their surroundings, share space with others.

There is no need to bring anything; we will provide the balance bikes and helmets for participants.

All our Bikeability training is delivered by qualified, professional, DBS checked, National Standard Instructors.

At the end of the training the children will be given a certificate and sticker confirming they have completed the course.

If you would like your child to participate in the training, please scan the QR code, or click on the Link below to complete the consent form as soon as possible in order that we can ensure every child is provided for. If you are unable to complete the consent form online, please speak to your school who will be able to support you.

https://consent.bikeability.org.uk/peace-wind-roman

Should you have any questions please do not hesitate to contact us via your school.

Yours Sincerely,

Bikeability team
Hampshire Outdoors
Email: bikeability.enquiries@hants.gov.uk