

Sparsholt C of E Primary School

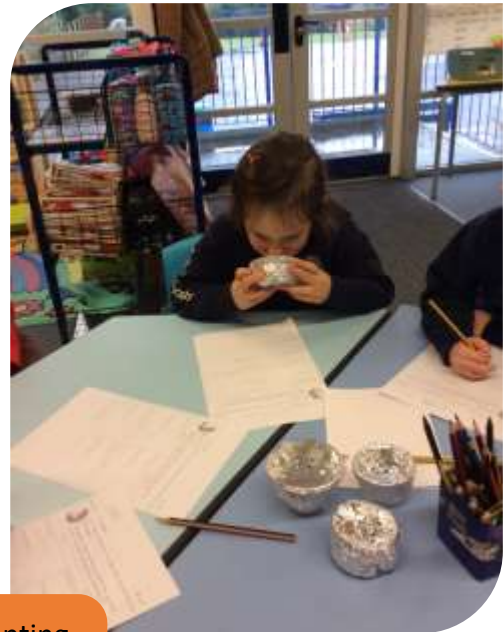


Weekly Newsletter

31st January 2025

Here's what's in the newsletter this week!

- ❖ Key Reminders
- ❖ Headteacher weekly update
- ❖ School Awards
- ❖ Dates for your diary
- ❖ Important Notices
- ❖ FoSS Update
- ❖ Other Information



Beech Class experimenting with 'smells' as part of their science work this week



REMINDERS FOR W/C MONDAY 3rd February 2025

- ✓ Children's Mental Health Week – please see separate communication
- ✓ Monday 3rd February – Bring your soft toy buddy to school (see separate comms)
- ✓ Friday 7th February – "Dress to Express" Day for donation (see separate comms)

Dear Parents and Carers,

This week has been a week that has just epitomised how lucky we are to have all the wonderful links we have with other organisations who also serve our local community.

On Monday, Sparsholt Agricultural College came in and put the finishing touches to our new large pond dipping decking area. We are so grateful to them for using their expertise to bring our vision to fruition. Over the next few weeks, we have another group of students coming in to clear the pond itself of the rather vast amount of vegetation which has taken hold in the water which should then allow us to start taking advantage of the wonderful learning resource that has been created.

On Wednesday, we were incredibly lucky to welcome the education team in from Christchurch who, as always, did an amazing job of sharing really important messages with the children through drama and fun. The team re-enacted the section of the Easter story when Jesus washes his disciples' feet and were able to get across to the children how it doesn't matter who we are, or how important we are, we should always aim to help and serve others.

On Thursday, we had a member of the Police Education Team in to talk to the Year 5s and 6s about both Hate Crime and Online Safety. The Police Officer did a fantastic job of reiterating to the children the importance of being very careful when online, in terms of risk from others but also about what they post online. She also reminded the children about reporting online bullying if they witness it and not being a bystander to it. It reminded the children that we are a 'Telling' school and that it is important to tell a trusted adult about any concerns they have however small be it online or not. One key message that was shared with the children, was to think carefully before they post anything online either through social media or through messaging sites and whether they would want either their Granny or their teacher to read it and if in any doubt don't post it!

Today, our amazing Worship Team made up of some of our Year 6s, led Celebration worship and focused on the themes of Courage and Compassion. They shared the story of Nelson Mandela as written in the 'Little People, Big Dreams' series of books and did a fantastic job of showing how despite the enormity of what he wanted to achieve, he didn't give up and his courage and compassion led to equality and rights for all.

Next week we are very much looking forward to celebrating National Children's Mental Health week and have many wonderful things planned. Each day will have a different focus, with activities taking place to help the children understand ways in which they can manage their mental health and strategies to support positive wellbeing. Please do remember that on the school's website under the [Support for Parents](#) tab, there is a whole realm of information on our Padlet that can help support you as parents with some of the challenges your children may be dealing with at home. Please do look out for the separate communications about Children's Mental Health week which will provide details of the activities the children will be taking part in.

To start Children's Mental Health week, we would like to set a challenge over the weekend for the children (and you if you would like to join in) to think about something that they are truly grateful for and write it down on a slip of paper and bring it into school on Monday morning. We will be putting all of these into our whole school Gratitude Jar and sharing them with the children to remind them of how much there is to be grateful for even in darker times.

Finally, with the theme of Children's mental health being at the forefront, I would like to urge all parents if you haven't already, to please look at the information I shared with last week's newsletter about Smart Phones. It really is a sobering read! There is an event taking place on 6th March at St Swithun's for parents called "Smartphones and kids – what's all the fuss?" and the link to book can be found later on in this newsletter.

I really hope you all have a wonderful weekend and look forward to welcoming the children in on Monday ready for what I know will be an amazing week.

Kind regards,
Mrs Hanratty

School Awards

Core Christian Value Awards

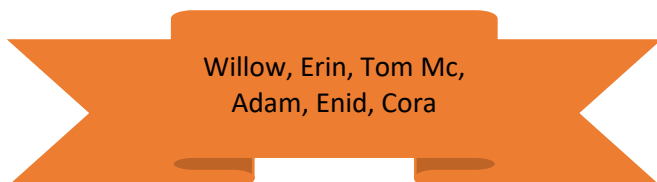
We were very proud to commend our Core Christian Value Award recipients in Celebration Worship today. Children from each class are nominated weekly for each of our Core Values: Courage, Compassion and Creativity.

	Courage	Compassion	Creativity
Willow	Afisemi	Monty	Ari
Beech	Finbar	Beni	Jack
Maple	Harry	Liv	Skyla
Rowan	Daisy R	Emi	Henry
Oak	Madeleine	Zevon	Tabatha



House Point "Rosette" Awards

Following on from last year's scolosaurus awards, this year the children who achieve the required number of house points (see below), will come home with a lovely rosette badge.



Sparsholt Shooting Stars Sports Challenge

Some sporting achievements from home to highlight this week:

- * Abel – competed in a fun swimming gala getting several personal best times
- * Camille – went lane swimming by herself, swimming 420m
- * Phoebe – moved up to Level 3 in her swimming lessons
- * Edi – awarded Gymnast of the Month at Treasure Gymnastics



Well done everyone! Please do keep sending your achievements into us!



Sparsholt C of E Primary School

Dates for your diary – 2024/25

Term: Spring 1

Date	Event	Location	Time	Parents Invited?	Notes
Mon 6th Jan 2025	First day of term	School	08:40am	n/a	
Thurs 13th Feb 2025	Last day of half-term	School	3:30pm	n/a	INSET on Friday
Fri 14th Feb 2025	INSET Day	Home	All day	n/a	

Important Notices

1. Children's Mental Health Week 2025

Next week is **National Children's Mental Health Week 2025** and the whole school will take part in a range of daily activities fuelled by the 'Sparsholt Wheel of Wellbeing' to supercharge our emotional wellbeing!

We start off on Monday with, '**Bring your Soft Toy Buddy to School**' and finish on Friday with '**Dress to Express**' and '**Dino Day**'.



Please see the separate communication sent out about next week's activities.

If you have not provided your consent for your child to take part in "Dino Day" on Friday 7th February, please do so as soon as possible – it is really simple to do on the Arbor App / Parent Portal.

FoSS Update

**** FOSS MOVIE NIGHT NEXT FRIDAY 7TH FEBRUARY **** See link below for tickets

1) EVENTS FOR THIS TERM (SO FAR)

Event	When / Where	Details
FoSS Movie Night 	<ul style="list-style-type: none">*Friday 7th February*18:00 – 19:45*Memorial Hall	<p>Tickets cost £6.50 and include a slice of pizza and chocolate bar.</p> <p>Tickets are limited and sell quickly so please buy early to avoid disappointment</p> <p>https://www.pta-events.co.uk/sparsholt/index.cfm?event=event&eventId=93085</p>
Valentines Day Themed Bake Sale 	<ul style="list-style-type: none">*Thursday 13th February*After school*Outside the front gate	<p>All baked goods to be sold at £1 each.</p>

General Information



Online safety guidance for parents and carers

NSPCC - You can use this link to help get nudes removed - [Report Remove | NSPCC](#)

Childline – Information about why children sext and send nudes [Sexting and sending nudes | Childline](#)

Safe4me – Hampshire Constabulary website supplying advice and resources for carers and professionals. [Safe4Me – Hampshire Police's free education resource programme for schools, colleges and partners in Hampshire and the Isle of Wight](#)

Parental Controls – Guidance on how to put parental controls onto your young persons apps/games. [Parental Controls & Privacy Settings Guides - Internet Matters](#)

Appropriate ages – Check the games and apps your children are watching are age appropriate. [Common Sense Media: Age-Based Media Reviews for Families | Common Sense Media](#)

Information about online exploitation - [CEOP Education \(thinkuknow.co.uk\)](#)

Link for selfies videos – set of 4 videos to help you talk to your children about nudes. [Nude Selfies- Film 1 of 4 \(youtube.com\)](#)

Roblox – From speaking with your children we know that Roblox is very popular. By selecting settings – privacy please check your child's security settings to check they have an under 13yrs account. This will assist in blocking out inappropriate games and content. You can also control who follows your child on Roblox and we recommend using the 'friends only' setting. Here is a short intro video which explains the safety features <https://youtu.be/pWzhE8fUi7E>. There is also further information here [Is Roblox safe for my child? | NSPCC](#)

Discord – This is a popular messaging app for those who are gamers. The age limit is 13yrs but it is made for adults meaning there is a risk of adult content and chat. Please see the link that shows how to put safety settings in place for your child [Internet-Matters-Discord-Guide-1.pdf \(internetmatters.org\)](#)



Event at St Swithun's

Please see below regarding a cyber teams, safeguarding and mental health leads talk that St Swithun's are hosting on 6th March. Please find the link and information below:

The event is now live on Eventbrite. The link is <https://www.eventbrite.co.uk/e/smartphone-health-harms-hampshire-expert-panel-qa-tickets-1140710408539?utm-campaign=social&utm-content=attendeeshare&utm-medium=discovery&utm-term=listing&utm-source=cp&aff=ebdsshcopyurl>



Thursday, 6 March

Smartphone health harms - Hampshire expert panel Q&A

Join doctors, safeguarding leads & mental health trainers to hear about children's mental health related to smartphones and how we can help.



General Admission - 1 +
Free ⓘ

Reserve a spot

February 2025



Our Get Togethers are for parent carers of children and young people (0-25 years old) with any additional needs (diagnosis not needed).

What we offer: To Share experiences, discuss local issues and enjoy a cuppa with other parents at our non-judgemental, friendly, and relaxed sessions!

-  **6th February, 10am: Fleet** - Fleet Town Football Club, Crookham Road, Fleet Hampshire GU51 5FA -
-  **11th February, 10am: Eastleigh** - St Francis Hall, Nightingale Avenue SO50 9JH
-  **12th February, 10am: Basingstoke** - The Viabes Craft Centre, 19 The Harrow Way, Basingstoke RG22 4BJ
-  **25th February 8pm: Evening Zoom** - Meeting ID: 890 6612 2644 Passcode: GT
-  **28th February, 10am: Alresford** - The Swan Hotel, 11 West Street, Alresford, SO24 9AD - **SENDIASS ATTENDING**

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participation@hpcn.org.uk

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NHS



February 2025

These sessions are to give parent carers of young people 14-25 years, access to information to support their young person during transitions

- ✓ **7th Feb 7-8pm - Mindfulness - Meditation skills with a Mental health wellbeing Practitioner**
- ✓ **11th Feb, 11.30-1pm - Transitions with IPSEA** 
- ✓ **13th Feb - 7-8pm - Mindfulness, with Solent Trust Practitioner**
- ✓ **24th Feb, 1-2pm - Post 16 sexual health concerns - with Solent Trust**
- ✓ **25th Feb, 1-2pm - Information session with Sunshine Support** 
- ✓ **26th Feb, 1-2pm - Information Session with Kooth** 
- ✓ **27th Feb, 6-7pm - Send Employability Post 16 Options - with HCC**
- ✓ **28th Feb, 7-8pm - Mindfulness - with a Mental health wellbeing Practitioner**

Please book tickets here

<https://www.tickettailor.com/events/hpcn>



Future in Mind - Presents a Face to Face workshop with Viv Dawes



**Thursday 13th February
2025
11-1pm**

**At : Hanger Farm Arts
Centre, SO40 8FT**



Book tickets via our ticket tailor :
<https://www.tickettailor.com/events/hpcn>
if you have any questions please contact :
FIM@hpcn.org.uk

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Hampshire SENDIASS at HPCN Get Togethers in 2025

Hampshire SENDIASS have agreed to join several HPCN Get Togethers across Hampshire in 2025. These sessions provide a supportive environment for parent peer support while SENDIASS offer:

- Confidential, impartial information, advice, and support on SEND-related issues.
- 1:1 guidance tailored to your personal journey, with real-time advice to support your young person (ages 0-25).

If you'd like to have a 1:1 conversation with SENDIASS, they'll be available at the following sessions:

- **09/01/2025, 10am - Fleet Get Together** - Fleet Town Football Club, Fleet Hampshire GU51 5FA
- **23/01/2025, 12pm - Lunchtime Online Get Together** - Zoom meeting ID: 835 1332 0196 Passcode: GT
- **28/02/2025, 10am - Alresford Get Together** - The Swan Hotel, 11 West Street Alresford, SO24 9AD
- **19/03/2025, 10am - Winchester Get Together** - Badger Farm Community Centre, Winchester, SO22 4QB
- **03/04/2025, 10am - Fleet Get Together** - Fleet Town Football Club, Fleet Hampshire GU51 5FA
- **22/05/2025, 12pm - Lunchtime Online Get Together** - Zoom meeting ID: 835 1332 0196 Passcode: GT
- **11/06/2025, 10am - Basingstoke Get Together** - The Viabes Craft Centre, Basingstoke RG22 4BJ
- **10/07/2025, 10.30am - East Hants (Alton) Get Together** - Alton community centre Alton GU34 1HN

