



# YOUR SCHOOL MENU

## NO NUT INGREDIENTS

For information regarding our nut policy visit the FAQ section of our **special diet** web page.



The meals we prepare and serve **adhere to the Government's School Food Standards**. It includes the recommendations for portion sizes and food groups for all primary aged pupils.



## FOOD TO FLOURISH®

Our nutritious lunches, on our **three-week menu cycle**, help children flourish by giving them the right balance of nutrients and energy.



We support British farming and are committed to full traceability in every meal we serve. We are proud the meat on our menu is farmed to **Red Tractor standard**.

## FOLLOW OUR CONVERSATION

 @hantseducationcatering  
 @hantsedcatering

AT  
LEAST

75%  
OF OUR  
MEALS

ARE PREPARED FROM  
SCRATCH

## DID YOU KNOW?

FRESH BREAD

PLUS  
SALAD

MADE  
DAILY

**SAY YES TO SUCCESS**  
as part of the Government's  
UIFSM programme. For  
more details visit the  
[Year R Hub](#)

SCHOOL LUNCH  
**FREE**  
FOR EVERY  
CHILD  
*Applies to EYFS & KS1 pupils only.*



Contains



Fish on our menu is  
**FROM WELL-MANAGED AND  
SUSTAINABLE SOURCES**

# WEEK 1 MENU

WEEK STARTING

**4**  
NOV

**25**  
NOV

**16**  
DEC

**20**  
JAN


**10**  
FEB

**10**  
MAR

**31**  
MAR

## MONDAY

CHOOSE FROM  
Veggie bolognaise  
pasta  

Chicken Katsu curry with  
a blend of brown and  
white rice 

ON THE SIDE  
Vegetables of the  
day or salad

TO FINISH  
Freshly baked shortbread

## TUESDAY

CHOOSE FROM  
Vegetarian sausage roll  
with crinkle cut wedges  


Ham carbonara with pasta

ON THE SIDE  
Vegetables of the  
day or salad

TO FINISH  
Fruit, mousse or jelly

## WEDNESDAY



CHOOSE FROM  
Handmade margherita  
pizza 

Sticky honey glazed  
chicken with a blend of  
brown and white rice 

ON THE SIDE  
Vegetables of the  
day or salad

TO FINISH  
Rice crispy cake

## THURSDAY


CHOOSE FROM  
Plant-based sausage and  
Yorkshire pudding  

Sliced beef and Yorkshire  
pudding

ON THE SIDE  
Roast potatoes, gravy and  
vegetables of the day

TO FINISH  
Fruit, mousse or jelly

## FRIDAY


CHOOSE FROM  
Somerset cheddar cheese  
and onion quiche 





Baked Omega 3 fillet  
fish fingers

ON THE SIDE  
Chips, vegetables of the  
day or salad

TO FINISH  
Ginger sponge



Not only are several of  
our dishes **completely**  
**fuelled by PLANT POWER**  
but several more have  
 **additional hidden veggies**  
to benefit pupils, protect the  
environment and provide  
added nutrients.

-  Vegetarian
-  Vegan
-  Includes Plant Power
-  Additional hidden vegetables

All menu items are subject to  
change, based upon availability  
and in the event of unforeseen  
circumstances.

# WEEK 2 MENU

WEEK STARTING

**11**  
NOV

**2**  
DEC

**6**  
JAN

**27**  
JAN

**24**  
FEB

**17**  
MAR

## MONDAY

CHOOSE FROM

Plant-based sausage hotdog and diced potatoes  

Chicken curry with a blend of brown and white rice

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Chocolate pudding

## TUESDAY

CHOOSE FROM

Roasted vegetable lasagne  

Pork sausages and mashed potatoes with gravy

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Fruit, mousse or jelly

## WEDNESDAY

CHOOSE FROM

Handmade margherita pizza 

Bubble salmon and crinkle cut wedges

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Honey biscuit

## THURSDAY

CHOOSE FROM

Quorn pieces in a Yorkshire pudding  

Sliced chicken and Yorkshire pudding

ON THE SIDE



Roast potatoes, gravy and vegetables of the day

TO FINISH

Fruit, mousse or jelly

## FRIDAY

CHOOSE FROM

Sweet potato and lentil curry with a blend of brown and white rice  

Baked Omega 3 fillet fish fingers and chips

ON THE SIDE

Vegetables of the day or salad

TO FINISH

Lemon drizzle sponge

## FARM TO FORK

Find out more about our ethical suppliers on our [website](#)

**FRUIT AND YOGHURT**

SERVED EVERY DAY



# WEEK 3 MENU

WEEK STARTING

**18**  
NOV

**9**  
DEC

**13**  
JAN


**3**  
FEB


**3**  
MAR

**24**  
MAR

## MONDAY

### CHOOSE FROM

Macaroni cheese with Somerset cheddar 

Beef chilli con carne with a blend of brown and white rice 

### ON THE SIDE

Vegetables of the day or salad


### TO FINISH

Chocolate brownie

## TUESDAY

### CHOOSE FROM

Veggie cottage pie 

Chicken nuggets with diced potatoes 

### ON THE SIDE

Vegetables of the day or salad

### TO FINISH

Fruit, mousse or jelly

## WEDNESDAY

### CHOOSE FROM

Vegetable and bean burrito 

Handmade BBQ pizza topped with chicken

### ON THE SIDE

Vegetables of the day or salad

### TO FINISH

Jammy shortbread biscuit

## THURSDAY

### CHOOSE FROM

Quorn and leek crown 

Sliced pork and Yorkshire pudding

### ON THE SIDE


Roast potatoes, gravy and vegetables of the day

### TO FINISH

Fruit, mousse or jelly

## FRIDAY

### CHOOSE FROM

Somerset cheddar cheese and potato frittata 

Baked Omega 3 fillet fish fingers

### ON THE SIDE

Chips, vegetables of the day or salad

### TO FINISH

Toffee apple sponge



**Click to  
download**  
our picture menu  
resources.



# YOUR SCHOOL MENU CALENDAR

WEEK 1

WEEK 2

WEEK 3

## NOVEMBER 2024

Su	Mo	Tu	We	Th	Fr	Sa
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

## DECEMBER 2024

Su	Mo	Tu	We	Th	Fr	Sa
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

## JANUARY 2025

Su	Mo	Tu	We	Th	Fr	Sa
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

## FEBRUARY 2025

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

## MARCH 2025

Su	Mo	Tu	We	Th	Fr	Sa
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

## APRIL 2025

Su	Mo	Tu	We	Th	Fr	Sa
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

We always say that you learn better on a full stomach, so my daughter always finishes her school lunch. She absolutely loves them!

Parent comment 2024

