



Dairy Free Menu (Example)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Tuna and Sweetcorn Pasta Bake	Cottage Pie	Roast Turkey, Potatoes and Gravy	Stir Fried Pork and Vegetables with Noodles	Fish / Salmon Fingers and Chips
VEGETARIAN	Vegetable Curry with Rice	Shepherdess Pie	Vegetable Hotpot	Sweet and Sour Quorn with Noodles	Vegetable Fingers and Chips
JACKET POTATO / PASTA DISH	Jacket Potato topped with Tuna and Sweetcorn	Pasta and Roast Vegetable Casserole	Jacket Potato topped with Bolognese	Pasta with Tomato and Basil Sauce	Jacket Potato topped with Baked Beans
COLD DELI (KS2)	Hummus Sandwich / Baguette	Ham Sandwich / Baguette	Egg and Watercress Sandwich / Baguette	Tuna and Cucumber Sandwich / Baguette	Hummus Sandwich / Baguette
DESSERTS	Strawberry Jelly	Carrot Cake and Soya Custard	Apple Crumble and Soya Custard	Warm Chocolate and Banana Brownie	Fruity Friday



Fish Free Menu (Example)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Cheese and Tomato Pasta Bake	Cottage Pie	Roast Turkey, Potatoes and Gravy	Stir Fried Pork and Vegetables with Noodles	Chicken Pizza and Chips
VEGETARIAN	Macaroni Cheese	Shepherdess Pie	Vegetable Hotpot	Sweet and Sour Quorn with Noodles	Vegetable Pizza and Chips
JACKET POTATO / PASTA DISH	Jacket Potato topped with Bolognese Sauce	Pasta and Roast Vegetable Casserole	Jacket Potato topped with Coleslaw	Pasta with Tomato and Basil Sauce	Jacket Potato topped with Baked Beans and Cheese
COLD DELI (KS2)	Cheese Sandwich / Baguette	Ham Sandwich / Baguette	Egg Mayonnaise and Watercress Sandwich / Baguette	Hummus Sandwich / Baguette	Egg Mayonnaise Sandwich / Baguette
DESSERTS	Strawberry Cheesecake	Carrot Cake and Custard	Apple Crumble and Custard	Warm Chocolate and Banana Brownie	Fruity Friday



Gluten Free Menu (Example)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken Curry with Rice	Spaghetti Bolognese	Roast Turkey, Potatoes and Gravy	Stir Fried Pork and Vegetables with Noodles	Fish / Salmon Fingers and Chips
VEGETARIAN	Vegetable Curry with Rice	Vegetarian Spaghetti Bolognese	Vegetable Hotpot	Sweet and Sour Quorn with Noodles	Vegetable Fingers and Chips
JACKET POTATO	Jacket Potato topped with Tuna Mayonnaise	Jacket Potato topped with Roasted Vegetables	Jacket Potato topped with Coleslaw	Jacket Potato topped with Egg Mayonnaise	Jacket Potato topped with Baked Beans and Cheese
COLD DELI (KS2)	Cheese Sandwich / Baguette	Ham Sandwich / Baguette	Egg Mayonnaise and Watercress Sandwich / Baguette	Tuna Mayonnaise Sandwich / Baguette	Hummus Sandwich / Baguette
DESSERTS	Strawberry Cheesecake Jelly Mousse	Jam Tart	Apple Crumble and Custard	Warm Chocolate and Banana Brownie	Fruity Friday



Vegan Menu (Example)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Vegetable Curry with Rice	Shepherdess Pie	Vegetable Hotpot	Stir Fried Vegetables with Noodles	Vegetable Fingers and Chips
VEGAN SIDE	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
JACKET POTATO / PASTA DISH	Jacket Potato topped with Vegetable Bolognese	Pasta and Roast Vegetable Casserole	Jacket Potato topped with Baked Beans	Pasta with Tomato and Basil Sauce	Jacket Potato topped with Baked Beans
COLD DELI (KS2)	Hummus Sandwich / Baguette	Roasted Vegetable Sandwich / Baguette	Jam Sandwich / Baguette	Hummus Sandwich / Baguette	Tomato Relish Sandwich / Baguette
DESSERTS	Apple Crumble	Carrot Cake and Soya Custard	Jam Tart	Warm Chocolate and Banana Brownie	Fruity Friday