

# Intent, Implementation and Impact of Physical Education at Sparsholt C of E Primary School

---

## Intent

Physical Education is an integral part of a broad and balanced curriculum at Sparsholt C of E Primary School, a vital part of school life, and ultimately the children's future well-being. We aim to give ALL children the opportunity to experience and excel in a broad range of physical activities. Throughout their journey, they will have many opportunities, both in school and as part of extra-curricular provision, to engage in competitive sports and activities. This will allow our children to celebrate not only their triumphs, but also their sportsmanship and conduct. Being active has never been more important so we aim to ensure that children are physically active for sustained periods of time in PE lessons. It is our goal that our children lead healthy, active lifestyles.

Through a focus on our 'Sparsholt Wheel of Wellbeing', we aim to give children opportunities to understand how to take care of themselves both physically, mentally and spiritually in order to be physically and mentally healthy throughout their lives.

## Implementation

At Sparsholt C of E Primary School, the children receive high quality PE lessons which are mapped out in a way that allows for a range of sports and activities to be experienced. The range of sports experienced include: lacrosse, football, netball, tri- golf, rounders, tennis, athletics and cricket. (Chance to Shine). For some sports we employ external specialist coaches to ensure we provide the children with expert tuition.

We work with an overarching focus in each term to ensure full coverage of skills in line with the National Curriculum. To ensure the provision is of the highest quality, ALL teachers have regular training, with some staff having taken additional coaching qualifications.

To ensure all staff are developing their PE knowledge and ability, they are in regular contact with specialist PE coaches (ActiveMe360) throughout the year.

Each class will receive two hours of PE each week, with additional extra-curricular activities running throughout the year. In addition to this, swimming is taught in Year 3 before being re-assessed in Year 6, with the children spending a term each (in Year 3) at the pool in order to achieve the required distance of 25m.

Throughout the year, children have opportunities to participate in a number of inter-school competitions through the school's partnership with the Hampshire School Games programme.

## Impact

Our extensive PE curriculum will have a positive impact on our children's ability to acquire the knowledge, skills and understanding needed to make appropriate choices about their physical and mental health. The curriculum will develop positive self-awareness in children as they become physically competent in a range of sports and activities. They will also demonstrate a healthy attitude to competition, showing respect for individuals, teams, officials and coaches. Our commitment to our children and the wider community will be recognised by the 'Hampshire School Games' and the 'School's Games Mark.'