

# Intent, Implementation and Impact of PSHE at Sparsholt C of E Primary School

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## Intent

At Sparsholt C of E primary School, we believe personal, social, health and economic (PSHE) education is a vital and important part of our children's education. The staff work collaboratively and as role models to help our children develop into confident, happy, successful and resilient young people. We aim to equip our children with a sound understanding of risk and with the knowledge and skills to make safe and informed decisions. We want our children to acquire and develop knowledge and understanding of the world around them in order to help them develop as responsible young citizens. We believe children need to learn the skills to deal with life's challenges and the importance of good physical and mental health. PSHE plays an important role in promoting Spiritual, Moral, Social and Cultural (SMSC) Education, incorporating British Values, which is implicit in the school ethos and is planned into all aspects of the curriculum.

## Implementation

PSHE objectives are taught using the Coram Life Education SCARF Programme of Study but it is also covered across the curriculum especially in our RE, Science and PE curriculum. PSHE is taught in discreet lessons, during circle time, in assemblies and collective worship. We provide our children with opportunities to learn about rights and responsibilities and promote random acts of kindness, and such themes are included in our class worships. Many opportunities arise during the school week for our children to work effectively in groups, take on roles of responsibility and to come together as a whole school community to celebrate and reflect on our journey together.

The SCARF programme is split into three core themes of

- Health and Well being
- Relationships
- Living in the wider world

The units of work are set out half termly and link closely with safeguarding, the school ethos, British values, rights and responsibilities, and a growth mindset. Due to most classes having split year groups, teachers look at the themes covered in the SCARF units for both year groups and combine and adapt them to meet the needs of their cohort.

At Sparsholt C of E primary School, we promote respectful relationships, focusing on families and friendships is an integral part of our curriculum, as is understanding the importance of healthy bodies and healthy minds. The teaching of the 'Sparsholt Wheel of Wellbeing' plays an important role in promoting a holistic approach to wellbeing, health and happiness for the whole learning community.

## **Impact**

Our curriculum ensures that all our children become engaged, active and responsible citizens who recognise and value their contribution to society. They gain a perspective of themselves as both local and global citizens. Our Core Christian school values of Courage, Compassion and Creativity, the Sparsholt Wheel of Wellbeing and PSHE programme are vital in promoting happiness and well-being so that our children can excel in all aspects of life. Through our curriculum, we believe we are preparing our children for the next stage in their education as well as preparing them for life.