



**Oak Class  
Summer 2023  
Brain Smart - The Art of Being Human**

**Draw a labelled sketch map of your favourite walk  
Or make a photo collage of your favourite place**

**Make a salad in a jar  
OR**

**Keep a food and activity diary for a week**

**Overnight Oats in a jar**

**Make a word search using vocabulary associated with healthy living and exercise**

**Design a sports kit or range of equipment for your favourite sport.**

**Create a sculpture of a human figure in action**

**Create a mini project about Darwin and the theory of Evolution**

**Create an illustrated food group glossary:  
E.g. protein  
Carbohydrates  
etc.**

**Research important vitamins and minerals essential for healthy living. Why are they important? Which foods can they be found in?**

**Dig deep and complete Brain Smart -The Art of Being Human jigsaw with courage, compassion and creativity.**