

Sparsholt C of E Primary School

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Friday 13th February 2026

Whole School Lent Challenge 2026



To all families of our school community,

We invite every member of our school community to take part in our **Whole School Community 40-Day Lent Challenge**. Please find attached calendar template for your notice board at home.

The idea is to complete the **40 Acts of Kindness Challenge** during Lent. Traditionally, we mark Lent by giving something up, but we want it to be something more than that. What if Lent was a preparation for a lifetime of kind-heartedness?

Small acts of kindness and generosity have the power to make big changes to our local and global community. We hope our **Lent challenge 2026** will encourage pupils, staff, and governors to be kind and helpful to others.

We would love to see your completed calendars. Please bring your **40-Day Lent challenge** to school when you have completed it.

Thank you in advance for joining in with our Lent Challenge 2026.

Best wishes,
The Pupil Worship Team

Worship Team Ideas for Acts of Kindness/Helpfulness

Give a compliment	Do a chore without being asked
Encourage a friend	Say 'thank you are so amazing' when least expected
Pray for world peace	Send a card to someone who may need cheering up
Open a door for someone	Write a thank you note
Offer help without being asked	Give up a toy or treat for someone else