

YOUR SCHOOL PICNIC MENU



A balanced selection of carbohydrates, protein, fresh fruits and vegetables.

MONDAY

Cheese roll
Carrot and cucumber sticks
Fruit wedges
Shortbread biscuit

TUESDAY

Tuna roll
Carrot and cucumber sticks
Fruit wedges
Shortbread biscuit

WEDNESDAY

Ham roll
Carrot and cucumber sticks
Fruit wedges
Shortbread biscuit

THURSDAY

Cheese roll
Carrot and cucumber sticks
Fruit wedges
Shortbread biscuit

FRIDAY

Ham roll
Carrot and cucumber sticks
Fruit wedges
Shortbread biscuit



COMPLETELY



FISH FROM WELL-MANAGED
AND SUSTAINABLE SOURCES



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Hampshire
County Council

www.hants.gov.uk